

SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TMWC CLOSED FOR LABOR DAY HOLIDAY 2</p>	<p>10:00 AM Computer Basics 3</p> <p>10:30 AM 8 Dimensions of Wellness (10) GRADUATION!</p> <p>10:45 AM Corn Maze*</p> <p>11:00 AM Living Well</p> <p>1:00 PM Feelings First</p>	<p>ALL DAY: Activity Sign-Ups 4</p> <p>9:15 AM Gardening Club</p> <p>11:00 AM DRA</p> <p>1:00 PM Exploring Emotions (10)</p> <p>1:00 PM Computer Basics</p> <p>1:30 PM Creative Expressions</p>	<p>10:00 AM Circuit Training 5</p> <p>11:00 AM Diabetes Support</p> <p>11:00 AM SafeZone Picnic*</p> <p>1:00 PM DBSA</p>	<p>9:15 AM Gardening Club 6</p> <p>11:00 AM DRA</p> <p>12:45 PM Stress Busters</p>
<p>9:15 AM Gardening Club 9</p> <p>11:00 AM Uplifting Women</p> <p>12:00 PM Men's 360</p> <p>1:00 PM Nature Walk* + Geocaching*</p>	<p>10:00 AM Computer Basics 10</p> <p>11:00 AM 8D Art Museum Trip</p> <p>11:00 AM Living Well</p> <p>11:00 AM KARAOKE</p> <p>1:00 PM Feelings First</p>	<p>9:15 AM Gardening Club 11</p> <p>11:00 AM Empowering Change</p> <p>11:00 AM DRA</p> <p>1:00 PM Computer Basics</p> <p>1:00 PM Exploring Emotions (11) GRADUATION!</p> <p>1:30 PM Knitting Circle</p>	<p>10:00 AM Circuit Training 12</p> <p>11:00 AM Diabetes Support</p> <p>1:00 PM SA</p> <p>1:30 PM Four Square</p>	<p>9:15 AM Gardening Club 13</p> <p>10:00 AM SafeZone: LGBTQ+ & Allies</p> <p>11:00 AM DRA</p> <p>12:45 PM Stress Busters</p> <p>1:00 PM Gaming for Mental Health</p>
<p>9:15 AM Gardening Club 16</p> <p>11:00 AM Uplifting Women</p> <p>12:00 PM Men's 360</p> <p>1:30 PM Board Games</p>	<p>10:00 AM Computer Basics 17</p> <p>11:00 AM Living Well (RSVP)</p> <p>1:00 PM Cornhole</p> <p>1:00 PM Feelings First</p>	<p>9:15 AM Gardening Club 18</p> <p>11:00 AM DRA Outing</p> <p>11:15 AM Mud Hens Game*</p> <p>1:00 PM Computer Basics</p> <p>1:00 PM Soccer</p>	<p>10:00 AM Circuit Training 19</p> <p>11:00 AM Pictionary</p> <p>11:00 AM Diabetes Support</p> <p>1:00 PM DBSA</p>	<p>9:15 AM Gardening Club 20</p> <p>10:00 AM SafeZone: LGBTQ+ & Allies</p> <p>11:00 AM DRA</p> <p>11:00 AM Family Center Forum</p> <p>12:45 PM Stress Busters</p>
<p>9:15 AM Gardening Club 23</p> <p>11:00 AM Uplifting Women</p> <p>12:00 PM Men's 360</p> <p>1:00 PM Skip-Bo Tournament</p> <p>1:00 PM Personal Leadership (1)</p>	<p>10:00 AM Computer Basics 24</p> <p>10:30 AM WRAP (1)</p> <p>11:00 AM Living Well</p> <p>12:00 PM BINGO</p> <p>1:00 PM Feelings First</p> <p>4:30 PM TMWC Board Meeting</p>	<p>CIT Session 9 a.m. - 12 p.m. 25</p> <p>1:00 PM Computer Basics</p> <p>5:30 PM TMWC FAMILY FUN NIGHT!</p>	<p>CIT Session 9 a.m. - 12 p.m. 26</p> <p>10:45 AM Coffee Connections*</p> <p>1:00 PM SA</p> <p>1:00 PM Good Nutrition</p>	<p>9:15 AM Gardening Club 27</p> <p>10:00 AM SafeZone: LGBTQ+ & Allies</p> <p>11:00 AM DRA</p> <p>12:45 PM Stress Busters</p>
<p>9:15 AM Gardening Club 30</p> <p>11:00 AM Uplifting Women</p> <p>12:00 PM Men's 360</p> <p>1:00 PM Personal Leadership (2)</p> <p>1:00 PM Gaming for Mental Health</p>				
<p>PLEASE CONTACT TMWC STAFF FOR RSVPs</p> <p>ACTIVITIES: Maddie.... 419-764-5346</p> <p>EXPRESSIVE ARTS: Alyssa..... 419-242-3000 ext. 109</p> <p>FITNESS: Lindsay.... 419-242-3000 ext. 110</p> <p>COMPUTER LAB: Rodney.... 419-242-3000 ext. 114</p>				